

# BRUSCHELLA SANINFORNA

Saninforna's Bruschella is made with locally sourced, low-gluten flour and enriched with plant-based lupin protein. This homemade product blends tradition and innovation, offering an optimal balance of proteins, carbohydrates, fiber, and healthy fats sourced exclusively from premium extra virgin olive oil from Puglia. Perfect as a balanced snack or as an alternative to bread, ideal for an active lifestyle.

## TECHNICAL SHEET

- **Durability:** The product has a shelf life of 12 months from the production date if stored in appropriate conditions.
- **Storage:** Store in a cool, dry place, away from direct sunlight.

## BENEFITS AND KEY FEATURES

- **High in Protein:** thanks to lupin flour and lactose-free milk protein isolate, it is perfect for those seeking a high-protein intake.
- **Source of Fiber:** contributes to regular digestion and supports intestinal well-being.
- **Made with Extra Virgin Olive Oil:** for authentic flavour and high nutritional quality.
- **Low Glycemic Index:** suitable for those who require a balanced and natural diet.
- **No Added Gluten and Soy-Free:** ideal for those with specific dietary needs.
- **A Light Bread Substitute:** perfect for those looking for a lighter alternative to bread, great with simple toppings or as a complement to meals.
- **Versatile in cooking:** Bruschella is an excellent base for creative recipes and enhancing your dishes.

## SUGGESTION FOR USE

- **A Balanced Snack:** enjoy it on its own or pair it with fresh vegetables or spreadable cheeses for a healthy and nutritious snack.
- **Bread Alternative:** Pair it with soups or salads for a light, delicious, and nutrient-rich meal.
- **A Wholesome and Balanced Meal:** combine it with proteins like grilled chicken or scrambled eggs for a light, nutrient-rich dish ideal for those with a busy, active lifestyle.
- **Perfect for Your Appetizers:** try it with cherry tomatoes and extra virgin olive oil as bruschetta, or pair it with fresh cheeses and grilled vegetables for a balanced meal.

## MAIN INGREDIENTS

- Lupin flour
- Extra virgin olive oil (16%)
- Spelt flour
- Whole wheat flour
- Whey protein isolate
- Hemp flour
- Wheat flour
- Natural yeast
- Lentil flour
- Salt
- Sweeteners

May contain soya, sesame seeds, almonds, nuts, mustard and eggs.



## NUTRITIONAL VALUE per 100g

Energy	434 Kcal
Fats	17 g
of which saturated	2,9 g
Carbohydrates	37 g
of which sugars	2 g
of which polyols	0,6 g
Fiber	11 g
Proteins	28 g
Salt	0,89 g

Would you like to purchase our products or receive information?

## CONTACT US:

+39 339 1027800

info@saninforna.com

www.saninforna.com

Saninforna